

# ADAM S. GOLDSTEIN, DO, FACS, FASMBS

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## EDUCATION

**University of Illinois at Chicago Fellowship in Minimally Invasive, Bariatric, and Robotic Surgery**  
July 1, 2003 – June 30, 2004

**University of Illinois Metropolitan Group Hospitals Residency in General Surgery**  
Class of 2003

**New York College of Osteopathic Medicine**

Class of 1998

Doctor of Osteopathic Medicine (D.O.)

Rank: Top 10%

**Cornell University Johnson School of Business Management**

Fall 1993

Entrepreneurship & Enterprise Course

**Cornell University**

B.S., Biological Sciences 1993

*Concentration in Neurobiology and Behavior. Minor in Business Management.*

## ADDITIONAL COURSEWORK

**Laparoscopic Ventral Hernia Repair** - Instructor: Santiago Horgan, MD, Director: University of Illinois Fellowship in Laparoscopic Surgery

**Diagnostic Radiology** - Instructor: Robert Meals, DO, Professor of Radiology, Philadelphia College of Osteopathic Medicine

**DaVinci Robotic Surgical System Certification** - Instructor: Intuitive Surgical Corporation and Santiago Horgan, MD, Director, University of Illinois Fellowship in Laparoscopic Surgery – May 2004

**Laparoscopic Adjustable Gastric Band Certification** – Instructor: Santiago Horgan, MD, Director: University of Illinois Fellowship in Laparoscopic Surgery

**Single Incision Laparoscopic Surgery Preceptorship** – Instructor: Aurora Pryor, MD, Duke University Medical Center – September 2008

**CyberKnife Credentialing Course** – Instructor: Tamara LaCouture, MD, Cooper University Hospital – April 2009

**Laser Lipolysis with Proficient Tumescence Liposuction** – Instructor: Gregory Alouf, MD & Sanjeev Sharma, MD – Boston, MA - October 2010

**Laser Lipolysis with Proficient Tumescence Liposuction** – Instructor: Christopher Chia, MD & Spero Theodorou, MD – New York, NY – October 2010

**Examination of Complex Laparoscopic Sleeve Gastrectomy** – Instructors: Drake Bellanger, MD; Guilherme Campos, MD; Samuel Szomstein, MD - University of Wisconsin School of Medicine – September 2012

**Laparoscopic Sleeve Gastrectomy Preceptorship** – Instructor: Hans Schmidt, MD – Hackensack University Medical Center – December 2012

**Abdominal Wall Component Separation Bioskills Lab** – Instructor: B. Todd Heniford, MD – Carolinas Medical Center – November 2017

**DaVinci Robotic Surgical System Re-Certification** – Instructor: Intuitive Surgical Corporation and Stephen Odom, MD – January 2019

## EXPERIENCE

**Jefferson Health New Jersey General Surgery Group**, Cherry Hill, NJ June 2018 – Present  
Attending general surgeon performing general, advanced laparoscopic, and bariatric surgery.

**Kennedy Health Alliance General Surgery Group**, Cherry Hill, NJ January 2016 – June 2018  
Attending general surgeon performing general, advanced laparoscopic, bariatric, and cosmetic surgery.

**Advocare Associates in General Surgery**, Cherry Hill, NJ January 2014 – December 2015  
Attending general surgeon performing general, advanced laparoscopic, bariatric, and cosmetic surgery.

**Associates in General Surgery, Division of SSNJ, LLC**, Cherry Hill, NJ September 2013-December 2013  
Attending general surgeon performing general, advanced laparoscopic, bariatric, and cosmetic surgery.

**Regional Surgical Associates, Division of SSNJ, LLC**, Voorhees, NJ July 2005 – September 2013  
Attending general surgeon performing general, advanced laparoscopic, bariatric, and cosmetic surgery.

**Advanced Laparoscopic Surgeons of Morris, LLC**, Florham Park, NJ July 2004 – June 2005  
Attending general surgeon performing general, advanced laparoscopic, and bariatric surgery.

**Michael Reese Medical Center**, Chicago, IL  
**Surgical Moonlighter** August 2003 – June 2004

Served as senior member of surgical house staff. Responsible for evaluation, diagnosis, and treatment of surgical patients under the guidance of attending staff surgeons, as well as educating surgical residents.

**Surgical Care Publications/SCP Communications Inc.**, New York, NY  
**Online Resource Consultant** August 1995 - November 1996

Responsible for both constructing lists of, and developing abstracts for, internet resources relevant to medical journal articles submitted by physicians to the Medscape World Wide Web internet site.

**Cornell University Medical College Education Center**, Cornell University Medical College, New York, NY  
**Multimedia Courseware Developer** June - August 1995

Worked in close cooperation with the Director of the Cornell University Medical College Education Center, Pathology Course Director, and Multimedia Producer ("The Slice of Life" and "Slice of Brain" videodiscs of medical images) Dr. Suzanne Stensaas. Designed the layout of, and programmed the HTML for, Cornell University Medical College's World Wide Web series of Cornell Med PathNotes.

**Cornell University Theory Center / Supercomputer Facility**, Cornell University, Ithaca, NY  
**External Relations Assistant** January - June 1994

Assisted External Relations Officer with numerous activities including: Desktop Publishing, Spreadsheet Layout, Database Management, Word Processing, Client Relations, and Numerous Internet Related Activities (Unix based & Macintosh GUI) including Converting Hypertext to HTML.

**Good Samaritan Hospital**, Suffern, NY  
**Phlebotomist/Laboratory Technician** Summers of 1991 & 1992

Managed urinalysis department operations; Performed human blood analysis using Kodak 700 analyzing technology; Performed daily phlebotomy rounds and maintained daily one-on-one inpatient interaction in all hospital wards including pediatric, obstetric, cardiac, psychiatric, diabetic, chronic care, substance dependency, and emergency.

#### PUBLICATIONS

Goldstein, A., "Medical Students Embrace The World Wide Web", *Infections in Medicine*, 13(6):474-476, 1996.

Goldstein, A., "It's Time to Get Connected to the Internet!", *The Pulse: Osteopathic Medical Student Newspaper*, Volume 2, Issue 3, Winter 1996.

Goldstein, A., "Adam's Links", OsteopathicNet World Wide Web Site, (An ever growing compilation of medically related internet resources available to physicians and students worldwide).

Jones A, Goldstein A, Bonomo S: Sigmoid Perforation Secondary to Endometriosis with Elevated CA-125 Not Associated with Pregnancy. Submitted to Journal of American College of Surgeons.

Goldstein A, Dietrich N: A Rare Biliary Tree Variant. Submitted to Journal of American College of Surgeons.

Emran M, Goldstein A, Gasior R: Primary Angiosarcoma of the Heart. Submitted to Journal of the Texas Heart Institute.

Goldstein A, Horgan S, Jacobsen G, Elli F, Knoblock L: Laparoscopic Collis Gastroplasty - A Unique Intra-abdominal Approach. Video submission to SAGES 2004.

Harris J, Goldstein A, Elli F, Jacobsen G, Berger R, Horgan S: Surgical Technique: Robotic Assisted Esophageal Diverticulectomy. Video submission to SAGES 2004.

Jacobsen G, Espat N, Berger R, Elli F, Harris J, Goldstein A, Edison M, Horgan S: A Single Institutional Experience with Robotic Assisted Transhiatal Total Esophagectomy. Video submission to SAGES 2004.

Harris J, Goldstein A, Jacobsen G, Elli F, Berger R, Horgan S: Laparoscopic Lumbar Hernia Repair. Video submission to SAGES 2004.

Horgan S, Jacobsen G, Elli F, Harris J, Goldstein A, Edison M, Berger R: A Single Institutional Experience in Robotically Assisted Heller Myotomy for Idiopathic Achalasia. Video Submission to SAGES 2004.

Horgan S, Jacobsen G, Elli F, Harris J, Goldstein A, Edison M, Berger R: Robotic Myotomy For Achalasia Is Superior To Traditional Laparoscopic Myotomy In Patients Having Undergone Preoperative Botulinum Toxin Injection. Submitted to SAGES 2004.

Horgan S, Jacobsen G, Elli F, Harris J, Goldstein A, Edison M, Berger R: Robotically Assisted Heller Myotomy For Idiopathic Achalasia In 41 Patients At A Single Institution. Submitted to SAGES 2004.

Horgan S, Jacobsen G, Elli F, Harris J, Goldstein A, Edison M, Berger R: Outpatient Laparoscopic Adjustable Gastric Banding: A Single Institution Experience. Submitted to SAGES 2004.

Jacobsen G, Espat N, Berger R, Elli F, Harris J, Goldstein A, Edison M, Horgan S: A Single Institution Experience With Robotically Assisted Transhiatal Total Esophagectomy. Submitted to SAGES 2004.

Berger R, Goldstein A, Edison M, Moser F, Jacobsen G, Harris J, Horgan S, Vitello J: The Efficacy Of Currently Employed Methods Of Detecting Gastrojejunal Anastomotic Leaks Following Gastric Bypass: A Survey Of The ASBS Membership. Submitted to ASBS 2004.

Sedeyn J, Bashjawish F, Martin M, Buccilli J, Leahy C, Luning A, Goldstein A, Fakulujo A, Sandau R, Neff M: Vitamin A Deficiency Amongst Post-Bariatric Patients: Roux-en-Y Patients Aren't the Only Ones at Risk. Poster Accepted at ASMBS Fall, 2016.

Sedeyn J, Cromwell L, Buccilli J, Goldstein A, Fakulujo A, Balsama L, Neff M: Pulmonary and Sleep Medicine Utilization Among Postoperative Bariatric Patients Diagnosed with OSA. Poster Accepted at ASMBS Fall, 2017.

Goldstein, A., "Is Weight-Loss Surgery an Option for You?", *Jefferson Health Healthview Magazine*, Spring 2018.

Soliman I, Polizzi C, Magallanes-Montone J, Dong K, Buccilli J, Goldstein A, Fakulujo A, Neff M: The Use of a Novel GLP-1 Agonist in Postop Bariatric Patients. Poster Accepted at the Philadelphia Surgery Symposium, Spring 2022.

Kachmar M, Soliman I, Mason N, Sandifer C, Goldstein A, Balsama L, Fakulujo A, Neff M: Bariatric Surgery in the Elderly Population: A Multi-Surgeon Single Institution Retrospective Review. Poster Accepted at American Society of Metabolic and Bariatric Surgery Meeting, June 2022.

Kachmar, M., Soliman, I., Magallanes-Montone, J., Dong, K., Rardin, J., Goldstein, A., Fakulujo, A., Balsama, L., Neff, M.: A320 A retrospective single center multi surgeon experience on the adjuvant use of semaglutide as an AOM in post MBS-patients. *Surgery for Obesity and Related Diseases: Official Journal of the American Society for Bariatric Surgery*, 19(6), S101, June 2023.

Kachmar, M., Soliman, I., Magallanes-Montone, J., Dong, K., Rardin, J., Goldstein, A., Fakulujo, A., Balsama, L., & Neff, M. (2023). A320 A retrospective single center multi surgeon experience on the adjuvant use of semaglutide as an AOM in post MBS-patients. ASMBS Annual Meeting 2023. Las Vegas, NV. Published June 27, 2023. Presented June 28, 2023.

#### **MEDIA EXPERIENCE**

**Diabetes Living Today Show** - WVLTV Radio 92.1 FM – Interview about Lap-Band Surgery – November 15, 2011

**NBC 10! Show** – Philadelphia NBC Channel 10 – Interview about Lap-Band Surgery – May 26, 2009

**Diabetes Living Today Show** - WVLTV Radio 92.1 FM – Interview about Lap-Band Surgery – March 11, 2008

#### **LECTURES / PRESENTATIONS**

**Damage Control Surgery / Shock** - December 1998 - University of Illinois Metropolitan Group Surgical Residency Journal Club

**Compartment Syndrome** - May 1999 - University of Illinois Metropolitan Group Surgical Residency Trauma Conference

**Pancreatic Endocrine Tumors** - October 1999 - University of Illinois Metropolitan Group Surgical Residency Journal Club

**Biliary System** - December 1999 - University of Illinois Metropolitan Group Surgical Residency Surgical Conference

**Zenkers Diverticulum** - March 2000 - University of Illinois Metropolitan Group Surgical Residency Radiological / Surgical Conference

**Abdominal Compartment Syndrome** - May 2000 - University of Illinois Metropolitan Group Surgical Residency Trauma Conference

**Spinal Cord Injury** - May 2000 - University of Illinois Metropolitan Group Surgical Residency Trauma Conference

**Penile Injury** - August 2000 - University of Illinois Metropolitan Group Surgical Residency Urological / Surgical Conference

**Wound Healing** - August 2000 - University of Illinois Metropolitan Group Surgical Residency Surgical Conference

**Sepsis** - October 2000 - University of Illinois Metropolitan Group Surgical Residency Surgical / ICU Conference

**Thyroid Carcinoma** - January 2001 - University of Illinois Metropolitan Group Surgical Residency Journal Club

**Thoracic Duct Injury** - February 2001 - University of Illinois Metropolitan Group Surgical Residency CVT Surgery Conference

**Tracheal Injury** - April 2001 - University of Illinois Metropolitan Group Surgical Residency Trauma Conference

**Delayed Duodenal Stab Injury** - May 2001 - Chicago Trauma Society

**Hiatal Hernia** - August 2001 - University of Illinois Metropolitan Group Surgical Residency Journal Club

**Hiatal Hernia** - September 2001 - University of Illinois Metropolitan Group Surgical Residency Combined GI / Surgical Conference

**Pain Management in Surgical Patients** - January 2002 - University of Illinois Metropolitan Group Surgical Residency Surgical Conference

**Intestinal Duplication** - March 2002 - University of Illinois Metropolitan Group Surgical Residency Radiological / Surgical Conference

**Surgical Options for Morbid Obesity** - July 2003 - June 2004 (Bi-weekly) - University of Illinois Bariatric Surgery Information Session

**Laparoscopy 101** – October 2003 – University of Illinois at Chicago – Course on basic laparoscopic equipment and techniques

**Laparoscopic Ventral Hernia Course** - November 2003 - University of Illinois at Chicago - Instructed surgeons from around the country in the technique of laparoscopic ventral hernia repair

**Abdominal Evaluation for Medical Students** - November 2003 - Instructed second year medical students in the basics of a complete abdominal examination

**Bariatric Surgery Options** – Monthly lecture provided to prospective patients and interested parties free of charge

**Bariatric Surgery** – June 2010 – Lectured to the NJ State Ob/Gyn Society at their annual meeting in the Trump Plaza Hotel and Casino in Atlantic City, NJ

**Bariatric Surgery** – September 2010 – Lecture sponsored by ExamWorks, Inc. to nurses in the southern New Jersey region about weight loss surgery

**Smartlipo Laser Assisted Liposuction** – May 2011 – Lectured at The Weight Loss Surgery Workshop – Sponsored by Fit-4-Life Facility, Cherry Hill, NJ

**“Weight No More” Bariatric Symposium** – October 2017 – Provided community with information regarding bariatric surgery – Sponsored by Jefferson Health – Woodcrest Country Club, Cherry Hill, NJ

#### ACHIEVEMENTS AND ACTIVITIES

**Assistant Professor, Rowan University School of Osteopathic Medicine** – August 2018 - Present

**Judge, NJ State DECA Competition** (Distributive Education Club of America) – February 22, 2017

**Kennedy Health Bariatric Committee Member** – January 2016 - Present

**Kennedy Health Medical Ethics Committee Member** – January 2016 - Present

**Founder & Director** – ScuLpt Cosmetic Surgery

**Designer and Creator** – LapBandOrphan.com – Designed to help abandoned gastric band patients find a surgeon

**Summit Surgery Center Clinical Operations Committee Member** – February 2013 – December 2015

**Medical Director of Bariatric Surgery** – Virtua Health System, June 2009 – December 2010

**Medical Director of Laparoscopic Surgery** – Virtua Health, Voorhees Division, June 2005 – December 2015

**Expert Witness** – Provides both plaintiff and defendant expert witness services and testimony

**Top Doc** – SJ/South Jersey Magazines 2008, 2010, 2011, 2012, 2016, 2017, 2018, 2019, 2021, 2022, 2023

**Licensed Physician and Surgeon** - States of Illinois and New Jersey

**Board Certified** - Passed American Board of Surgery Certifying Examination 2004, and re-certified 2013

**Certified in Robotic Surgery** – 2004, re-certified 2019

**Fellow of The American College of Surgeons** – October 2007 – Present

**Fellow of The American Society for Metabolic and Bariatric Surgery** – October 2015 - Present

**Cofounder/CEO** - www.egyptianartwork.com - Online Egyptian artwork business

**Cofounder** - Osteopathic Source/OsteopathicNet World Wide Web site

**Director** - Osteopathic Medical Education Group of America (OMEGA)

**Awarded** - Resident Achievement in Laparoscopic Surgery Award by Society of Laparoendoscopic Surgeons

**Awarded** - Arthur L. Thompson Memorial Scholarship

**Member** - Cornell Rugby Football Club

**President** - Acacia International Fraternity, Cornell University Chapter

**Other Leadership Positions: Treasurer, Athletic Chairman, Inter-Fraternity Council Representative,**

**Alumni Representative**

**Medical School Honors** - Anatomy, General Surgery, General Surgery Clerkship, General Pathology, Behavioral Medicine, Genetics, Medical Jurisprudence, Cardiovascular Pathology, Clinical Nutrition, Medical Imaging, Immunology, Gastroenterology, Pulmonology, Nephrology, GI Pathology, Hematology, Endocrinology, Neurology, Urology, Pediatrics, Rheumatology, Osteopathic Manipulative Medicine, Osteopathic Manipulative Medicine Clerkship

**Member** - American Medical Association, American Osteopathic Association, Society for Laparoendoscopic Surgeons, American Society of Metabolic and Bariatric Surgeons, International Federation for the Surgery of Obesity, Society of American Gastrointestinal Endoscopic Surgeons (SAGES), Medical Society of New Jersey, Camden County Medical Society, National Society of Cosmetic Physicians